

# Tranquinol®

Neurotransmitter balance for emotional health during times of stress and anxiety; promotes relaxation for deep, restful sleep



- ▶ Promotes a calm response to an overactive mind
- ▶ Supports relaxation and mental tranquility
- ▶ Encourages relaxation for deep, restful sleep
- ▶ Promotes a calm mood and emotional balance during times of stress and anxiety

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



The radiant flower of a saffron plant with its vivid red stigmas and styles that are used for clinical effect.

## COMPLETE FORMULA FOR ADVANCED MOOD, RELAXATION AND SLEEP SUPPORT

**Tranquinol®** is a premier lifestyle product that is scientifically formulated to promote a balanced state of relaxation and mental tranquility while supporting a calm mood during times of stress and anxiety.

The legendary ingredients in **Tranquinol®** feature a class of distinctly active compounds that deliver the selective ability to help support mood and emotional balance, which in turn, helps promote a healthy response to managing an overactive mind as well as encouraging relaxation for deep, restful sleep. Take a look at the following well researched, quality ingredients.

## Safr'Inside™ – SUPPORTS HEALTHY MOOD & EMOTIONAL BALANCE

Backed by science, Safr'Inside™ delivers a unique genre of saffron extract guaranteed to deliver phytochemicals called saframotivines, a pool of 25 active compounds (identified by U-HPLC) having complementary effects on mood parameters. Recent research has clinically demonstrated that the harmonizing actions of the full spectrum saframotivines deliver effective mood and emotional balance support during times of anxiety and emotional stress.

## Suntheanine® – PROMOTES A BALANCED STATE OF RELAXATION

Suntheanine™, made with a patented enzymatic fermentation process that mimics the natural process in green tea leaves, resulting in a 100% pure L-isomer form of theanine - without any caffeine. Clinical research suggests that Suntheanine™ promotes brain wave activity, which is associated with a relaxed but alert mental state. Human clinical trials have highlighted the ability of Suntheanine™ to promote a balanced state of relaxation without drowsiness, as shown by an increase in healthy alpha brain waves, and a decrease in beta brain waves.

## Magnesium – AN ESSENTIAL MACROMINERAL TO PROMOTE HEALTHY NEUROLOGICAL FUNCTION

Magnesium is an essential macromineral in human diets with a massive number of physiological factors in the human body. In fact, magnesium functions as a cofactor in more than 300 enzymatic reactions. Magnesium is required as a coenzyme to convert tryptophan to serotonin, a neurotransmitter recognized as a major determinant of mental health and mood.

Magnesium's biochemical reactions with N-methyl-D-aspartate (NMDA) may modulate glutamates and their potential excitatory neurological transmissions, thus promoting healthy mood and emotions while supporting a relaxant effect and facilitating sleep.

## Magnolia Bark Extract – PROMOTES HEALTHY MOOD AND EMOTIONAL HEALTH

The use of the bark of *Magnolia officinalis* (a flowering tree native to China) is well documented within traditional eastern healthcare practices. Its tranquilizing properties have been widely used to support calmness, mood and emotional well-being. The physiological properties that support healthy mood and emotional wellbeing are attributed to the diphenyl compounds of magnolol and honokiol; essential oils (β-eudesmol, α-and β-pinenes, and bornyl acetate), and specific alkaloids (magnocurarine and magnoflorine).

Over 250 constituents have been isolated from magnolia bark but it is the compounds, magnolol and honokiol (neolignan derivatives), that are considered to be the two principle phenolic compounds in the bark that promote mood and emotional health.

## An Allstar Line Up – ANCHORED WITH THE PERFECT BOTANICAL SUPPORT BLEND

**Tranquinol®**'s featured ingredients are an all-star lineup that are anchored with a distinct class of active botanical ingredients including Valerian Root Extract, Organic Lavender, Organic Lemon Balm and Organic Passion flower. This blend provides a broad range of nutritional elements with the active phytonutrients to support the active ingredients in **Tranquinol®**.

### INGREDIENTS:

Three Plant-Source Capsules Provide:

Magnesium (as magnesium malate) . . . . .	50 mg
Safr'Inside™ Organic Saffron extract (Stigma) (Crocus sativus) . . . . .	30 mg
Suntheanine® (L-Theanine) . . . . .	100 mg
Magnesium Malate . . . . .	500 mg

Pro Rest Blend . . . . .	345 mg
Organic Turmeric (rhizome) ( <i>Curcuma longa</i> ), Organic Lemon Balm (Leaf) ( <i>Melissa officinalis</i> ), Organic Passionflower (aerial parts) ( <i>Passiflora incarnata</i> ), Organic Lavender (Flower) ( <i>Lavandula angustifolia</i> ), Valerian (Root) Extract ( <i>Valeriana officinalis</i> ), Organic Magnolia (Bark) Extract ( <i>Magnolia officinalis</i> ) (contains honokiol and magnolol)	

Other Ingredients: Plant-Source Capsules (cellulose, water), Organic Rice Bran, Organic Rice Concentrate

Safr'Inside™ is a trademark of Activ'Inside.

Suntheanine® is trademark of Taivo International, Inc.

Suggested Use. Take 3 capsules daily.

Code: 0481 (90 plant-source caps/bottle); Violite® Container R8.0